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**<DOWNLOAD> Almost
Everything: Notes on Hope
(pdf) Anne Lamott**

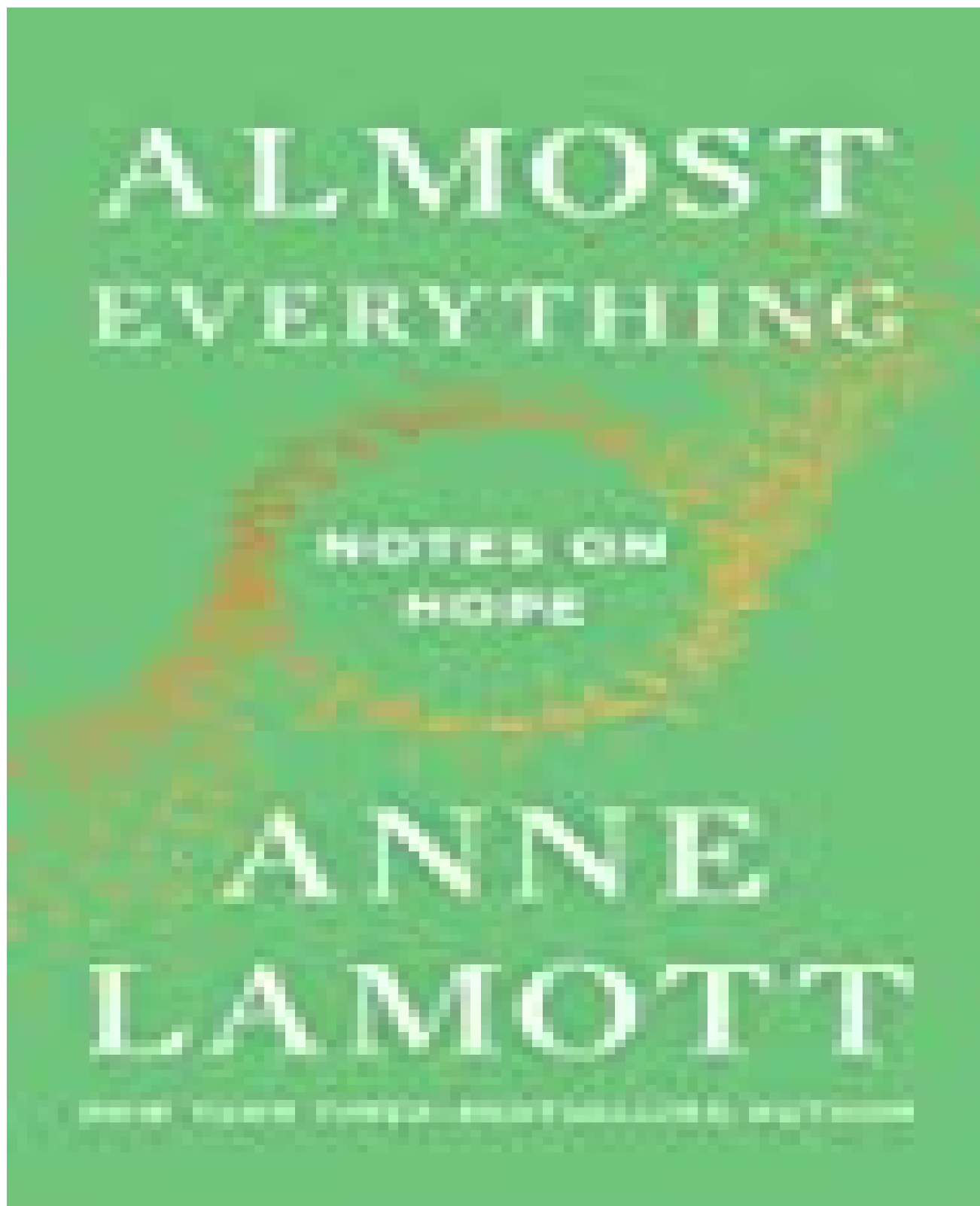
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Synopsis book

From Anne Lamott, the New York Times-bestselling author of *Help, Thanks, Wow*, comes the book we need from her now: *How to bring hope back into our lives*. "I am stockpiling antibiotics for the Apocalypse, even as I await the blossoming of paperwhites on the windowsill in the kitchen," Anne Lamott admits at the beginning of *Almost Everything*. Despair and uncertainty surround us: in the news, in our families, and in ourselves. But even when life is at its bleakest--when we are, as she puts it, "doomed, stunned, exhausted, and over-caffeinated"--the seeds of rejuvenation are at hand. "All truth is paradox," Lamott writes, "and this turns out to be a reason for hope. If you arrive at a place in life that is miserable, it will change." That is the time when we must pledge not to give up but "to do what Wendell Berry wrote: 'Be joyful, though you have considered all the facts.'" In this profound and funny book, Lamott calls for each of us to rediscover the nuggets of hope and wisdom that are

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