

"America's fittest CEO has truly discovered the Fountain of Youth—and now he shares his secret with you."

—David Zinczenko, former editor-in-chief of *Men's Health* and *Men's Fitness*

Becoming AGE LESS

The Four Secrets
To Looking and Feeling
Younger Than Ever

STRAUSS ZELNICK

With Zack Zeigler

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Strauss Zelnick**

Book details

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Synopsis book

How would you like to have the mind, body, and spirit of someone half your age, and add more years to your life? Or have people stare in disbelief when they discover how old you really are? How would you like to become...ageless? You can. It's possible. And the proof is inside this very book. *Becoming Ageless: The Four Secrets to Looking and Feeling Younger Than Ever* is the result of years of research into the science of longevity, written by a man who looks and feels eternal. He made it work, and it will work for you. On this easy and effective plan, you'll:

- * Lose stubborn belly fat and watch the pounds melt away.
- * Enjoy amazing meals, workouts, and a sense of community.
- * Look and feel noticeably younger for life!

Developed by media mogul Strauss Zelnick founder of the private equity firm Zelnick Media Capital (ZMC) and Chairman and CEO of Take-Two Interactive Software, Inc. the strategies contained inside are the same ones he used to evolve from a skinny business

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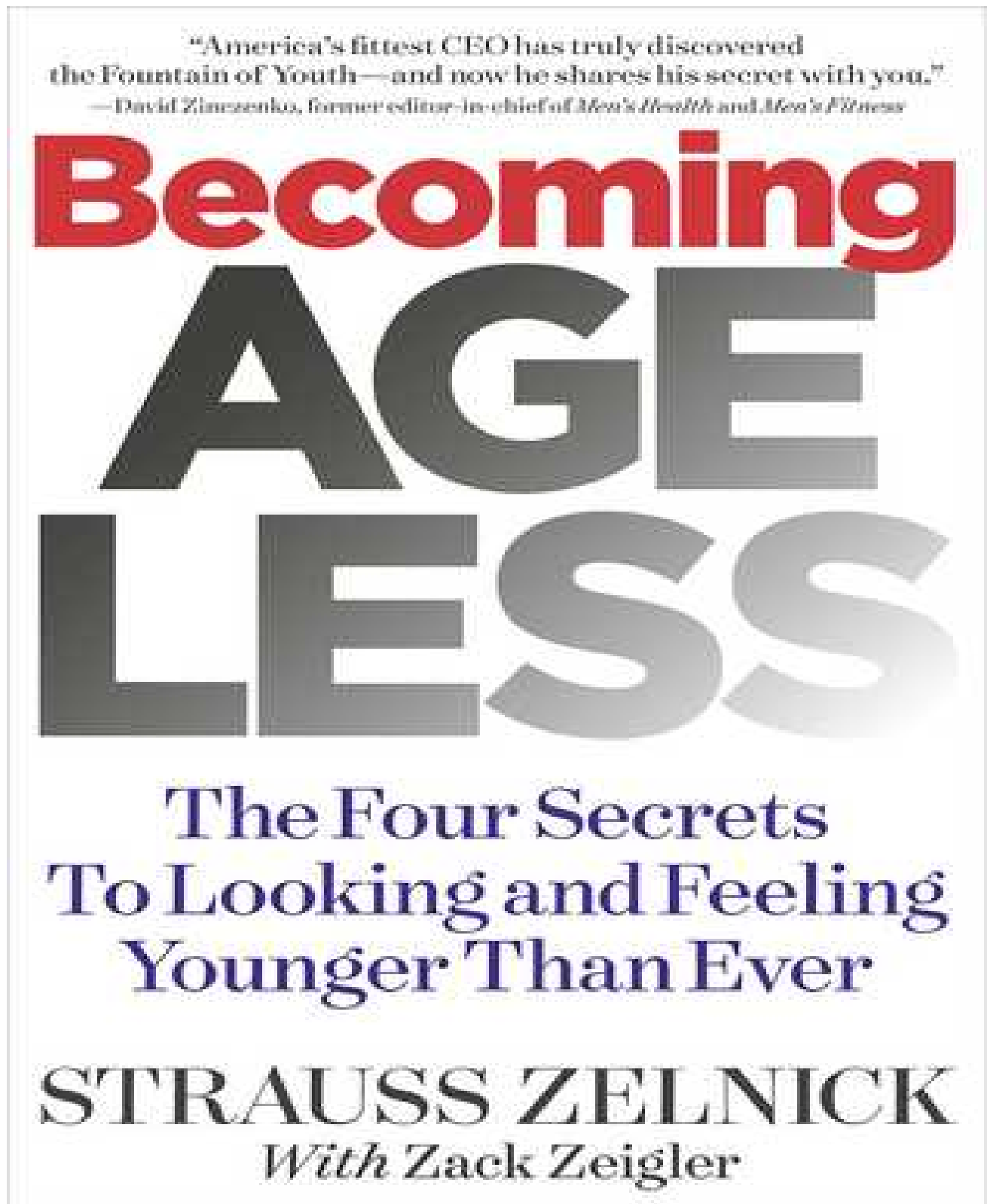
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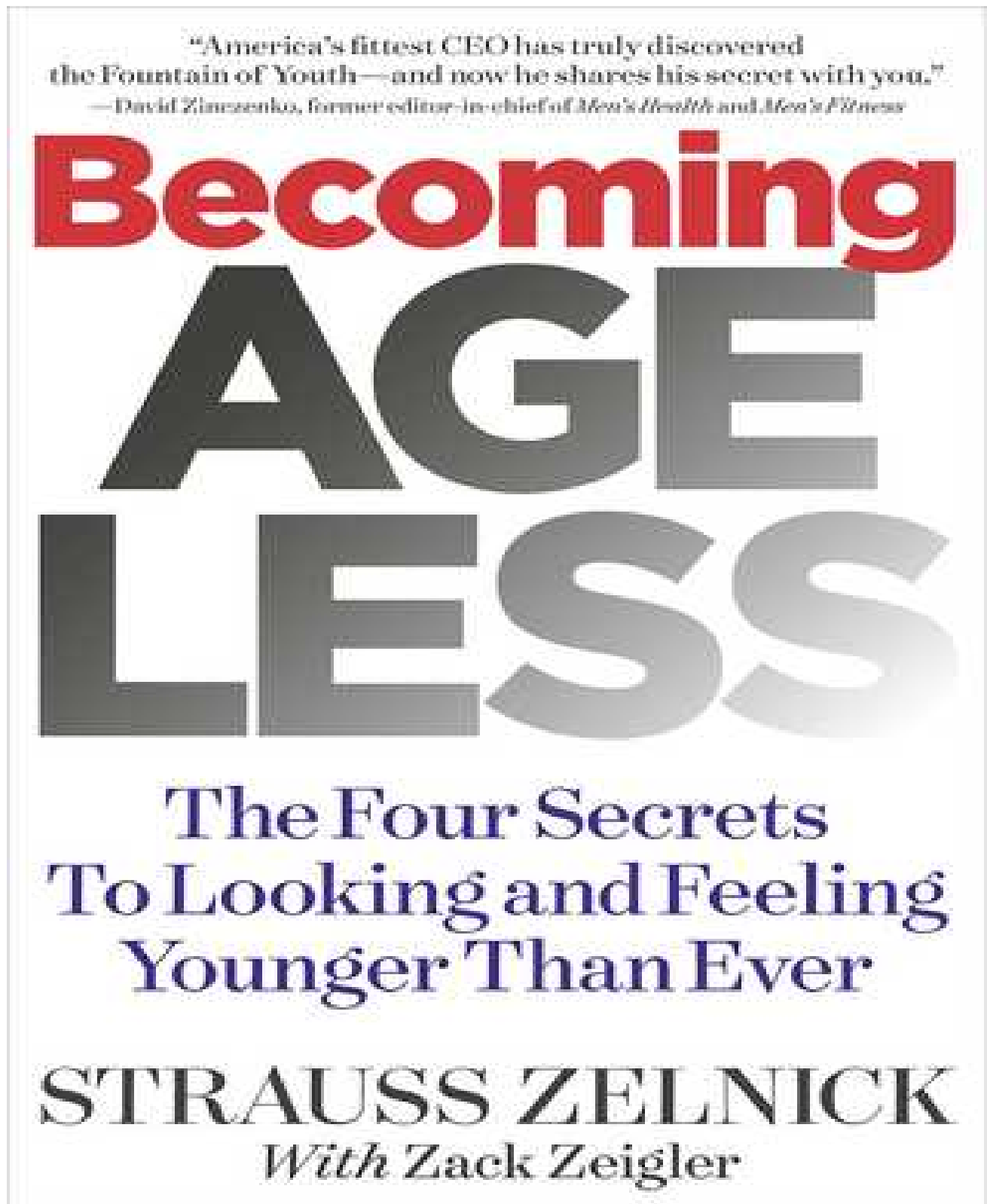
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Developed by media mogul Strauss Zelnick, founder of the private equity firm Zelnick Media Capital (ZMC) and Chairman and CEO of Take-Two Interactive Software, Inc., the strategies contained inside are the same ones he used to evolve from a skinny business

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Description

How would you like to have the mind, body, and spirit of someone half your age, and add more years to your life? Or have people stare in disbelief when they discover how old you really are? How would you like to become...ageless?? You can. It's possible. And the proof is inside this very book. *Becoming Ageless: The Four Secrets to Looking and Feeling Younger Than Ever* is the result of years of research into the science of longevity, written by a man who looks and feels eternal. He made it work, and it will work for you. On this easy and effective plan, you'll:

- * Lose stubborn belly fat and watch the pounds melt away.
- * Enjoy amazing meals, workouts, and a sense of community.
- * Look and feel noticeably younger for life!

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