A woman with long blonde hair, Danielle Walker, is smiling broadly. She is wearing a dark blue long-sleeved shirt and a gold bracelet. She is holding a white bowl of colorful pasta with a fork in her right hand and a spoon in her left hand, lifting some pasta towards the camera. The background is a plain, light-colored wall.

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# DANIELLE WALKER'S eat what you love

New York Times best-selling author of *Against All Grain*

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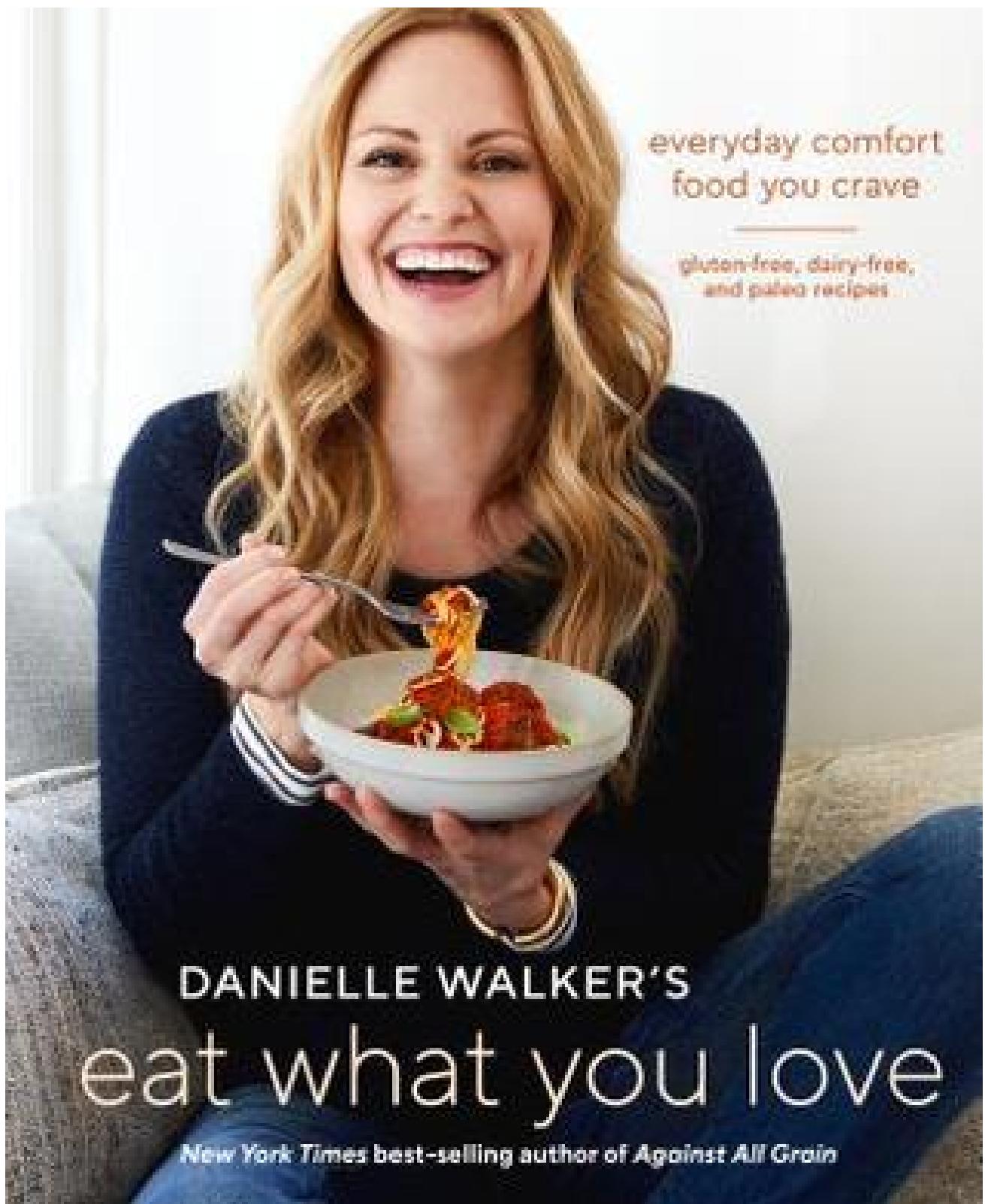
## **Book details**

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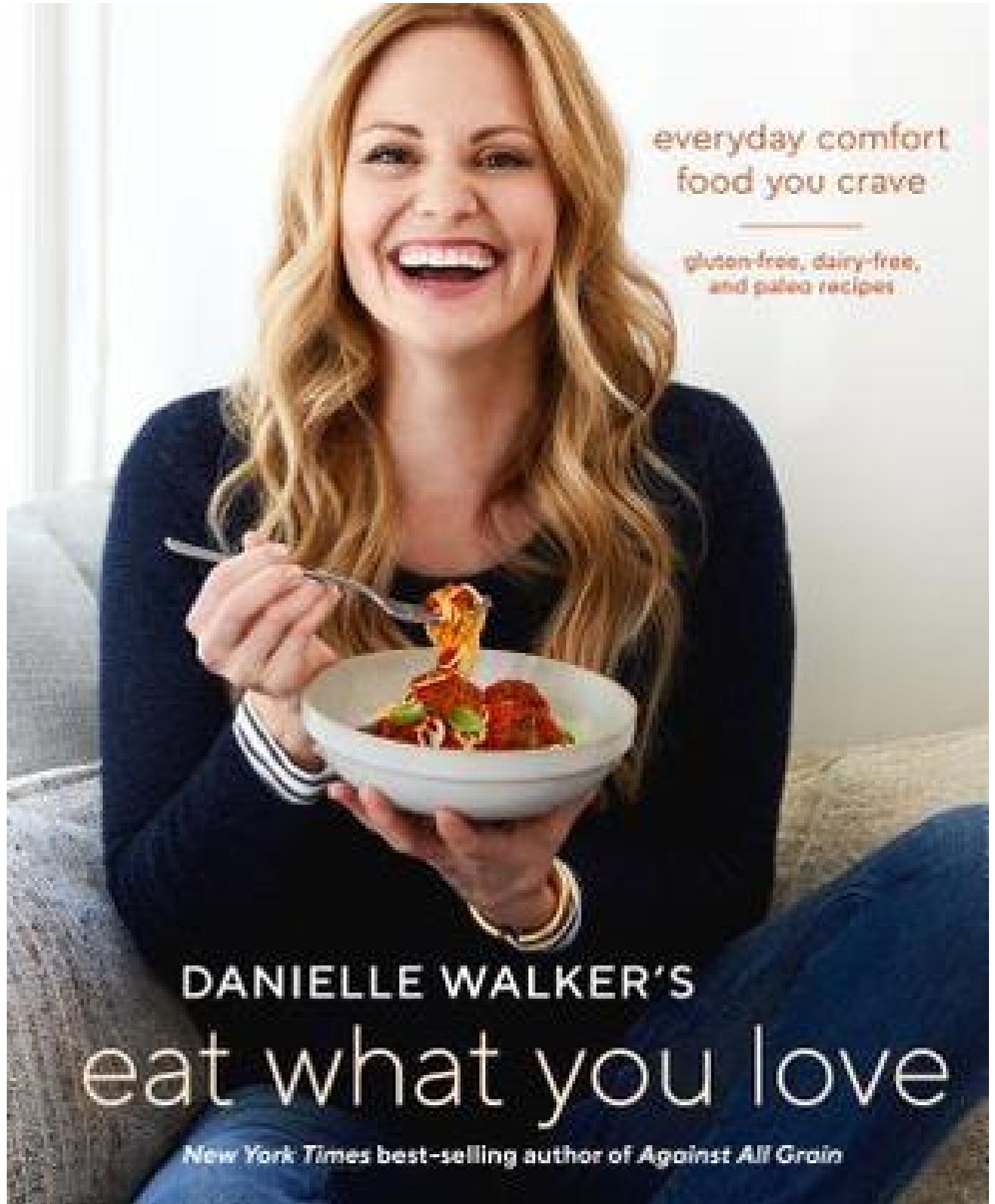
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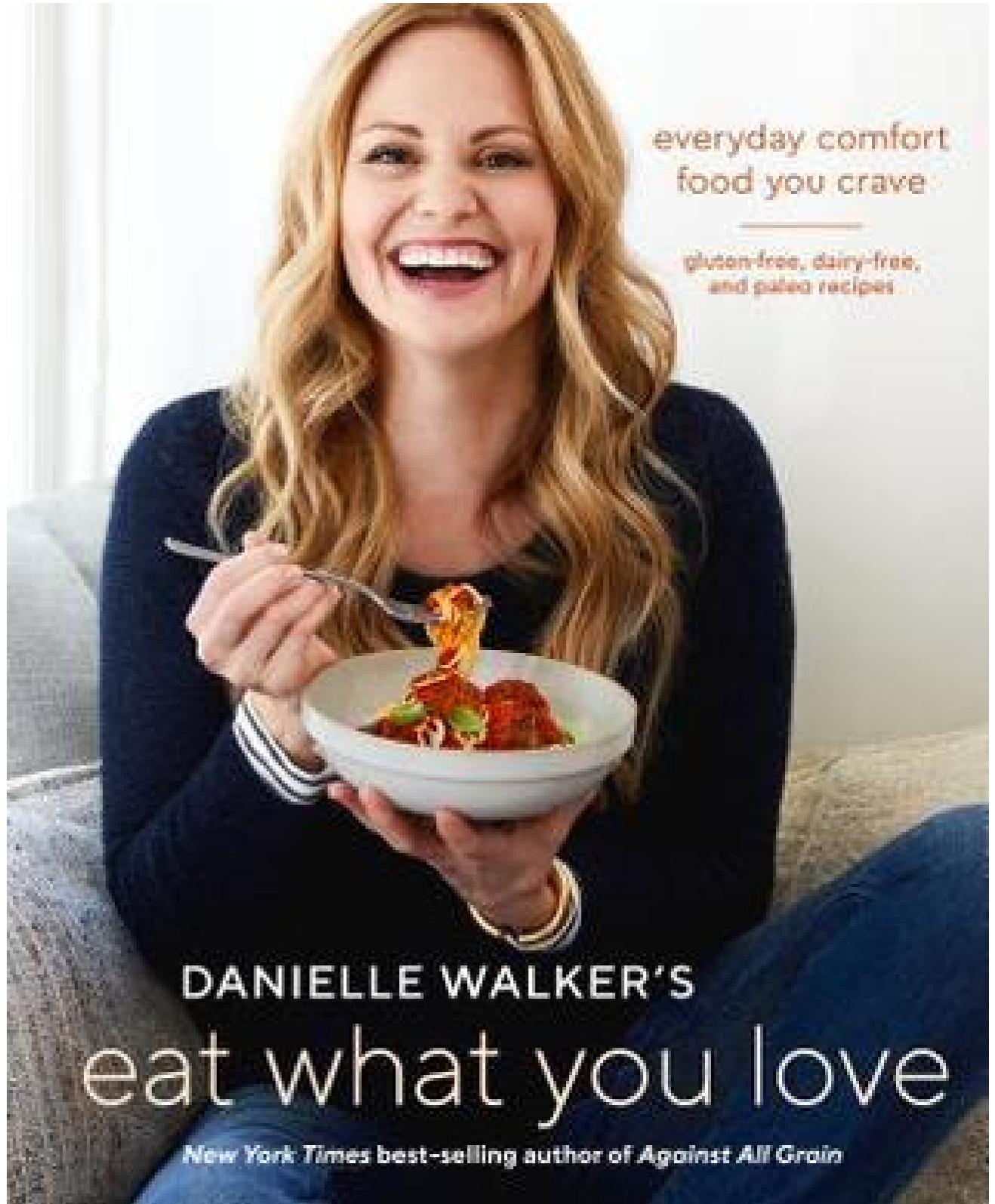
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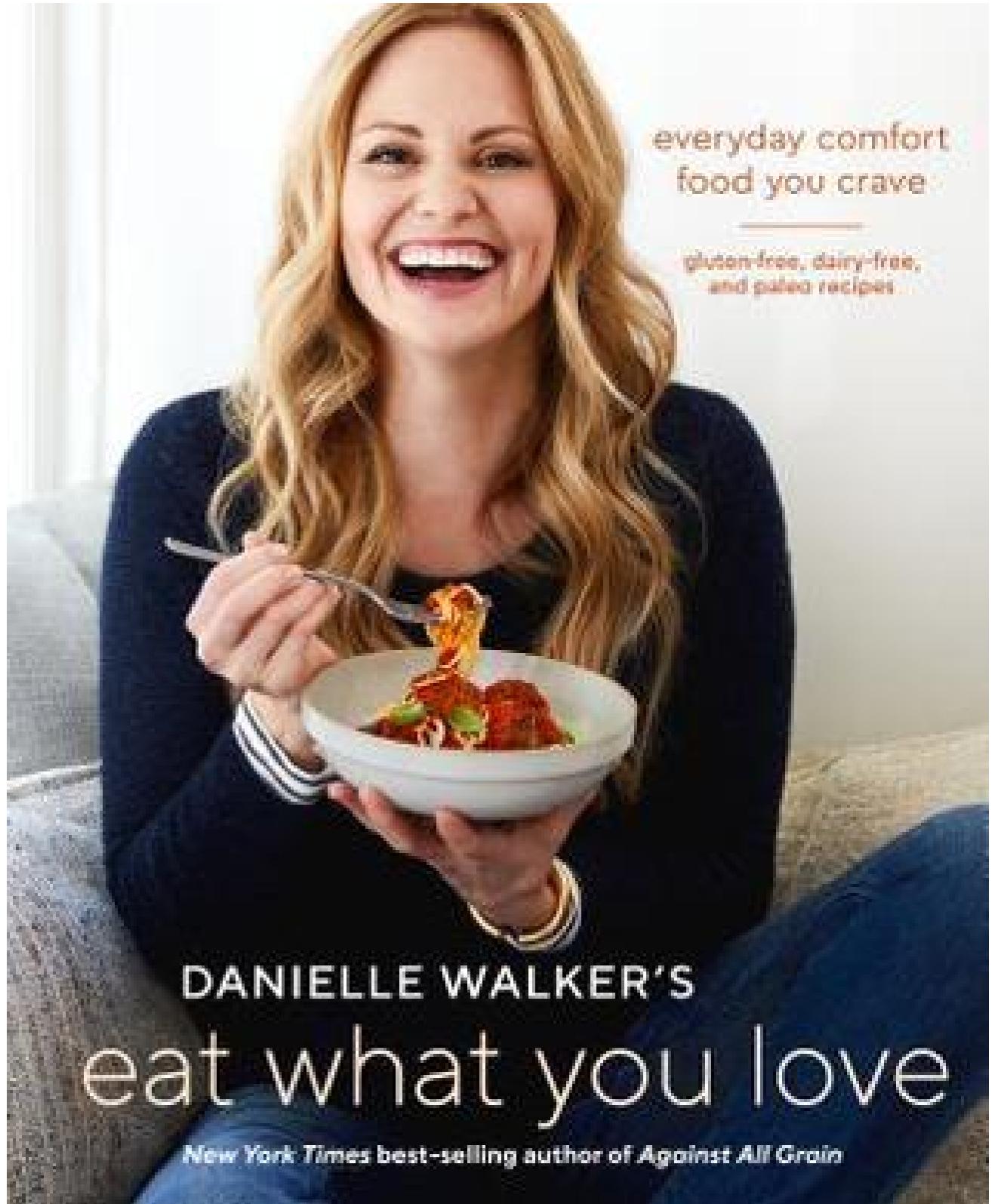
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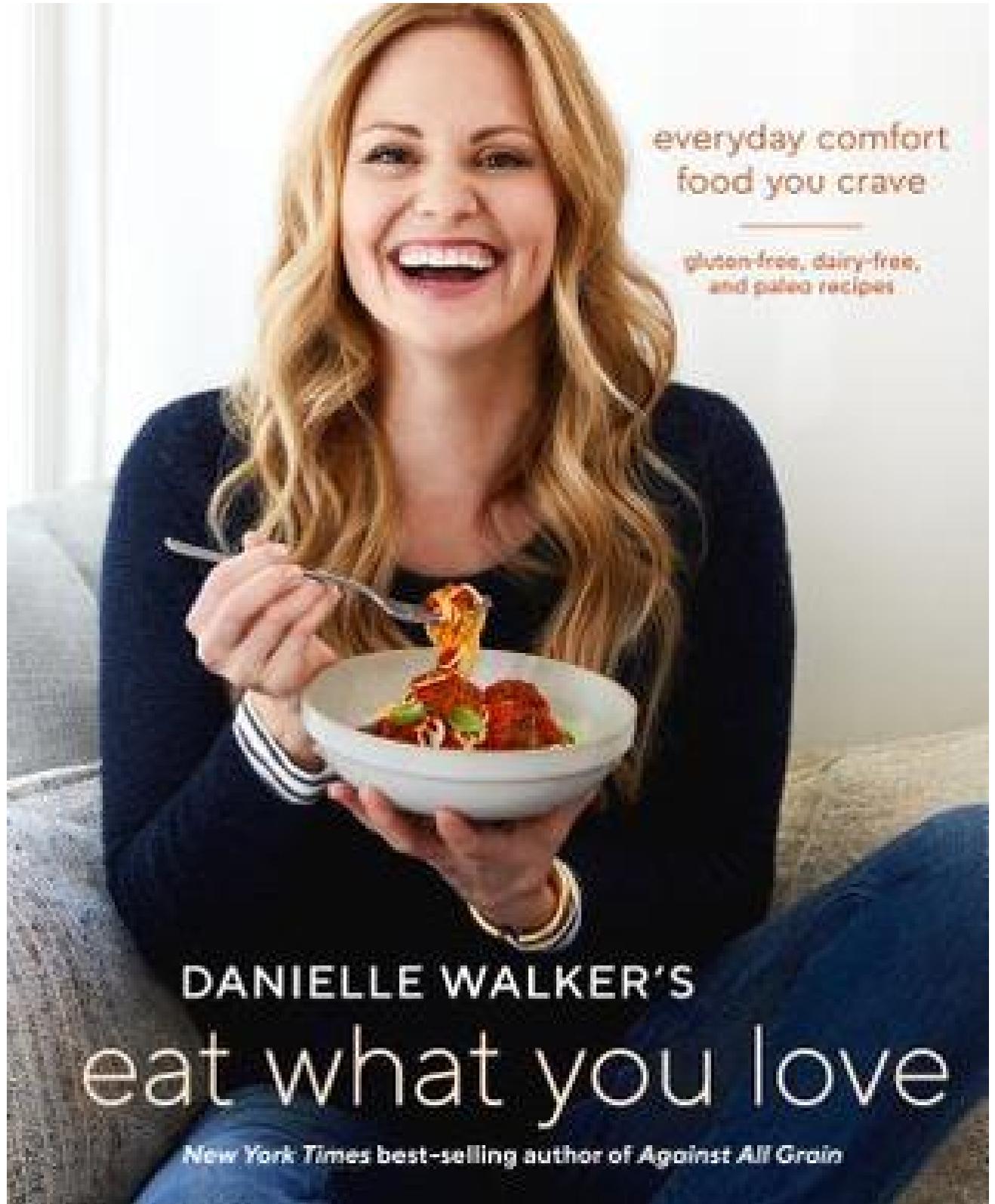
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Danielle's proven techniques for removing allergens without sacrificing flavor. As a mother of three, Danielle knows how to get dinner (and breakfast and lunch) on the table quickly and easily. Featuring hearty dishes to start the day, on-the-go items for lunch, satisfying salads and sides, and healthy re-creations of comfort food classics like fried chicken, sloppy Joes, shrimp and grits, chicken pot pie, and lasagna, plus family-friendly sweets and treats, this collection of essential, allergen-free recipes will become the most-used cookbook on your shelf. With meal plans and grocery lists, dozens of sheet-pan suppers and one-pot dishes, and an entire chapter devoted to make-ahead and freezer-friendly meals, following a grain-free and paleo diet just got a little easier.

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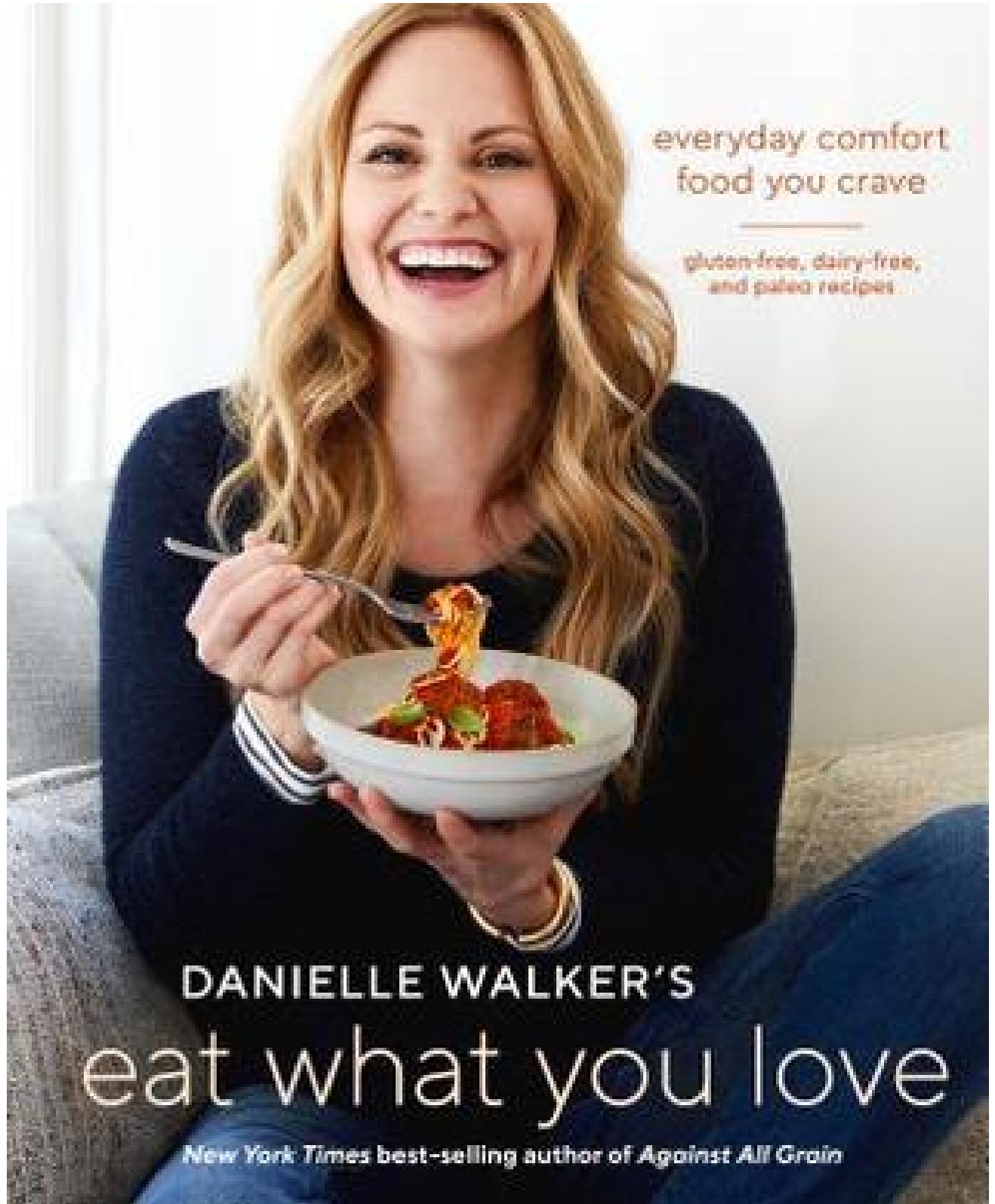
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A woman with long, wavy blonde hair, smiling broadly, holds a white bowl of food. She is wearing a dark blue long-sleeved shirt and a gold ring on her left hand. The bowl contains a colorful dish, possibly a stir-fry or salad, with various vegetables and a sauce. The background is a bright, indoor setting.

everyday comfort  
food you crave

gluten-free, dairy-free,  
and paleo recipes

# DANIELLE WALKER'S eat what you love

New York Times best-selling author of *Against All Grain*

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