

A woman with long blonde hair, smiling, is sitting on a couch and eating from a white bowl. She is holding a fork with a piece of food on it. The bowl contains a meal with red sauce, green vegetables, and what looks like meatballs or dumplings. The background is a plain, light-colored wall.

everyday comfort
food you crave

gluten-free, dairy-free,
and paleo recipes

DANIELLE WALKER'S
eat what you love

New York Times best-selling author of *Against All Grain*

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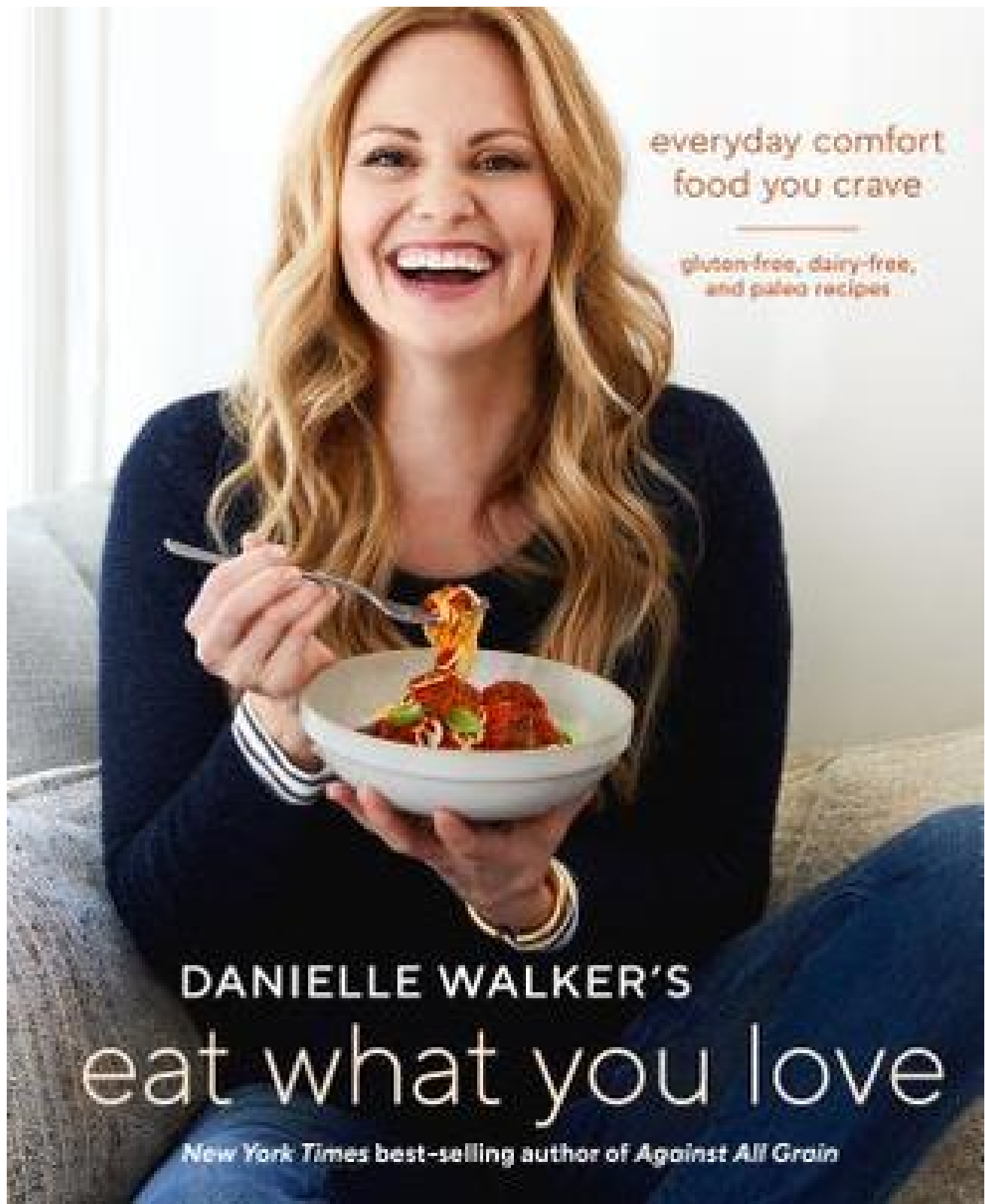
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Synopsis book

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A photograph of Danielle Walker, a woman with long blonde hair, smiling and holding a white bowl of food. She is sitting on a couch, wearing a dark blue long-sleeved shirt and blue jeans. The background is a plain, light-colored wall.

everyday comfort
food you crave

gluten-free, dairy-free,
and paleo recipes

DANIELLE WALKER'S
eat what you love

New York Times best-selling author of *Against All Grain*

Beloved food blogger and New York Times best-selling author Danielle Walker is back with 125 recipes for comforting weeknight meals. This is the food you want to eat every day, made healthful and delicious with Danielle's proven techniques for removing allergens without sacrificing flavor. As a mother of three, Danielle knows how to get dinner (and breakfast and lunch) on the table quickly and easily. Featuring hearty dishes to start the day, on-the-go items for lunch, satisfying salads and sides, and healthy re-creations of comfort food classics like fried chicken, sloppy Joes, shrimp and grits, chicken pot pie, and lasagna, plus family-friendly sweets and treats, this collection of essential, allergen-free recipes will become the most-used cookbook on your shelf. With meal plans and grocery lists, dozens of sheet-pan suppers and one-pot dishes, and an entire chapter devoted to make-ahead and freezer-friendly meals, following a grain-free and paleo diet just got a little easier.

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Description

Beloved food blogger and New York Times best-selling author Danielle Walker is back with 125 recipes for comforting weeknight meals. This is the food you want to eat every day, made healthful and delicious with Danielle's proven techniques for removing allergens without sacrificing flavor. As a mother of three, Danielle knows how to get dinner (and breakfast and lunch) on the table quickly and easily. Featuring hearty dishes to start the day, on-the-go items for lunch, satisfying salads and sides, and healthy re-creations of comfort food classics like fried chicken, sloppy Joes, shrimp and grits, chicken pot pie, and lasagna, plus family-friendly sweets and treats, this collection of essential, allergen-free recipes will become the most-used cookbook on your shelf. With meal plans and grocery lists, dozens of sheet-pan suppers and one-pot dishes, and an entire chapter devoted to make-ahead and freezer-friendly meals, following a grain-free and paleo diet just got a little easier.

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