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THE LIES THAT  
STEAL YOUR  
CONFIDENCE

# enough

SHARON JAYNES

Bestselling author of *The Power of a Woman's Words*

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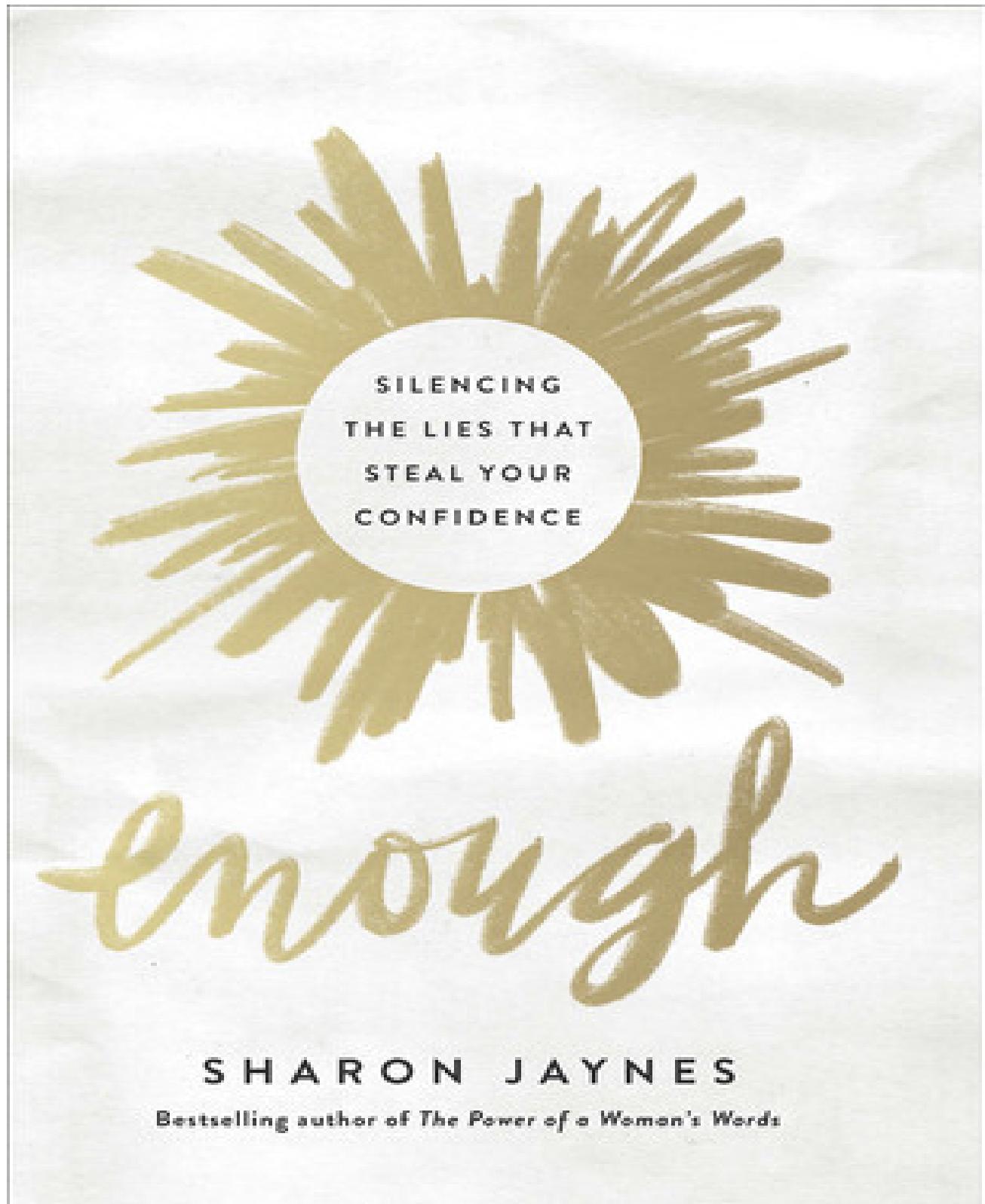
## **Book details**

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## **Synopsis book**

What Can You Do When You Feel You're Just Not Good Enough? Do the voices in your head say you're not good enough, smart enough, pretty enough...or just not enough, period? It's time to stop listening to lies that sabotage your confidence and embrace the truth of who God says you are. Popular author and speaker Sharon Jaynes exposes the lies that keep you bogged down in shame, insecurity, and feelings of inadequacy. By recognizing the lies and replacing them with truth, you'll be able to silence the voice inside that whispers you're just not good enough. Accept God's grace and move past failures that have defined and confined you. Preload your heart with truth to fight your deepest insecurities. Your confidence and faith will grow when you trade self-defeating thoughts for God's truth. Today is the day to embrace your incredible worth as a woman who is uniquely fashioned and spiritually empowered.

**Enough: Silencing the Lies That Steal Your Confidence** by Sharon Jaynes



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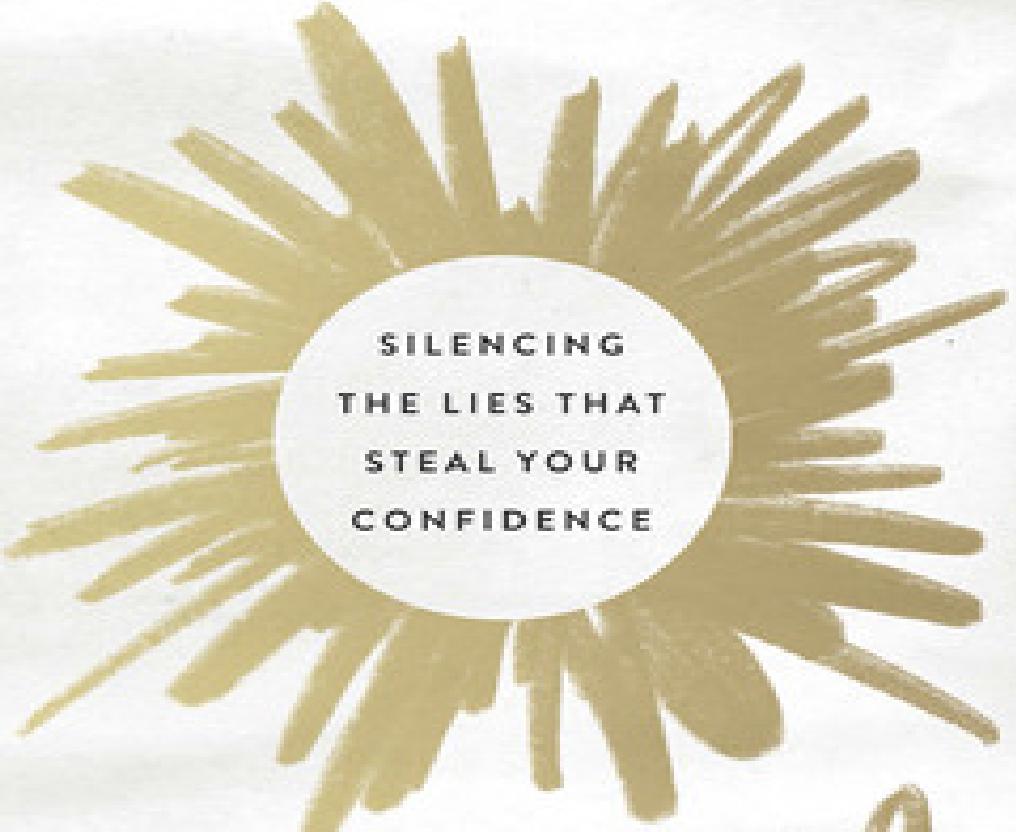
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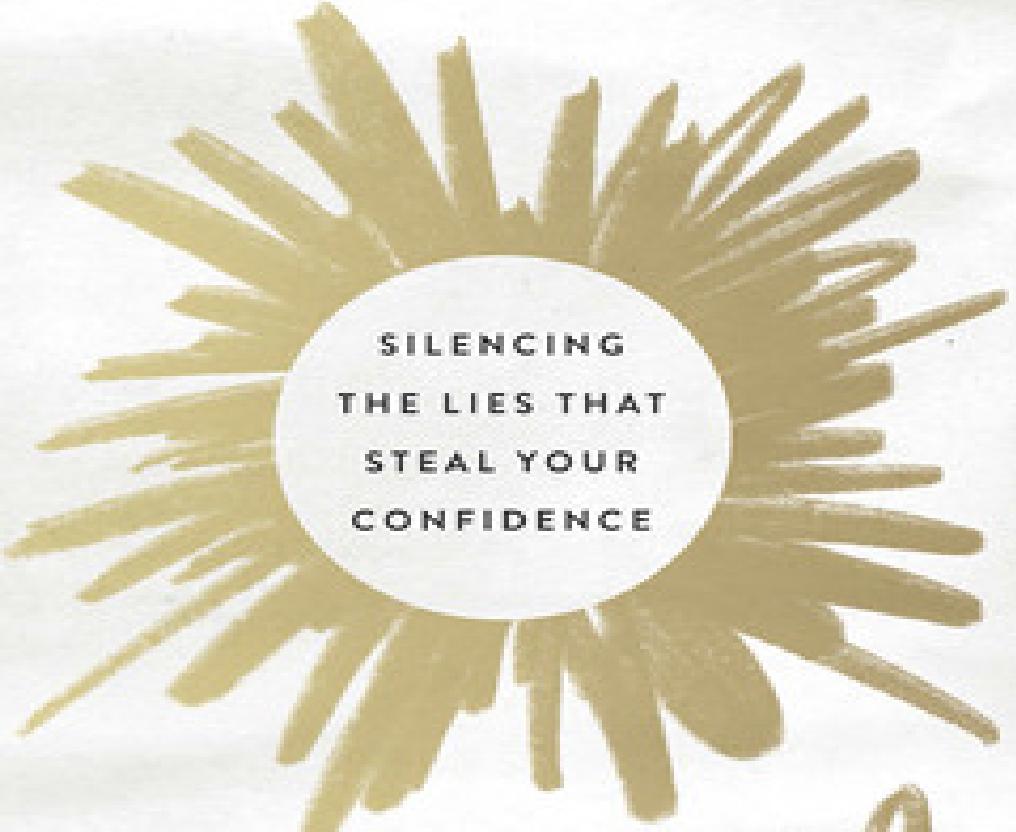
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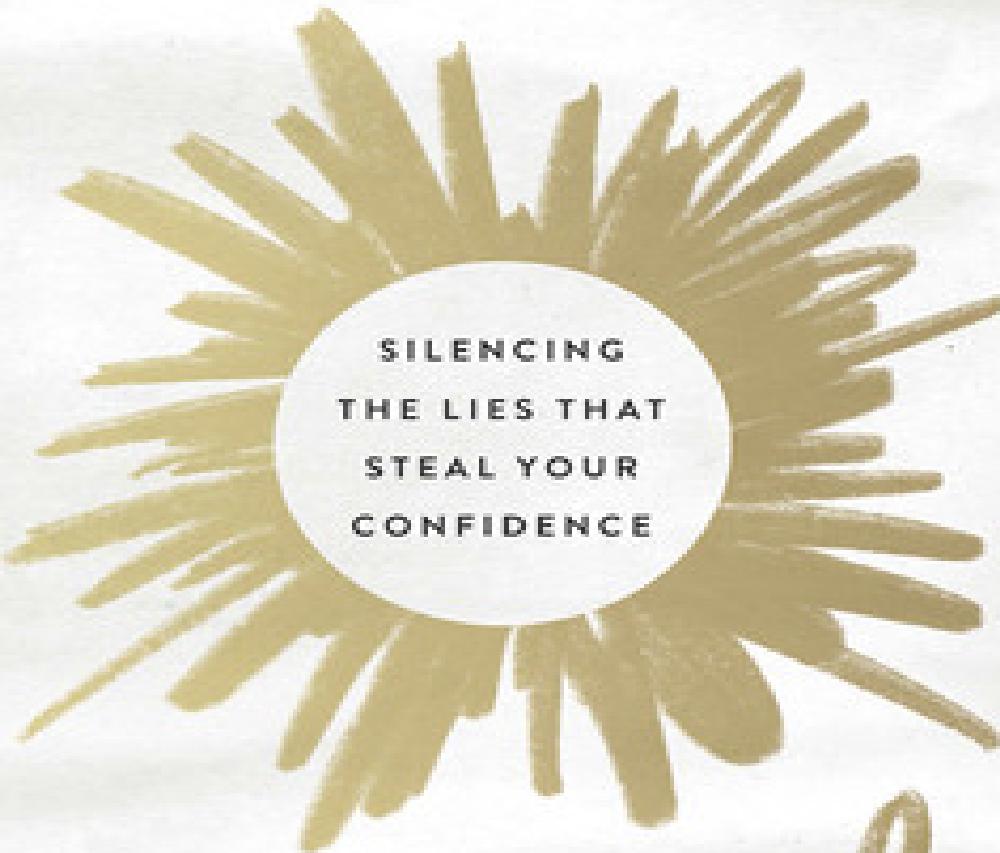
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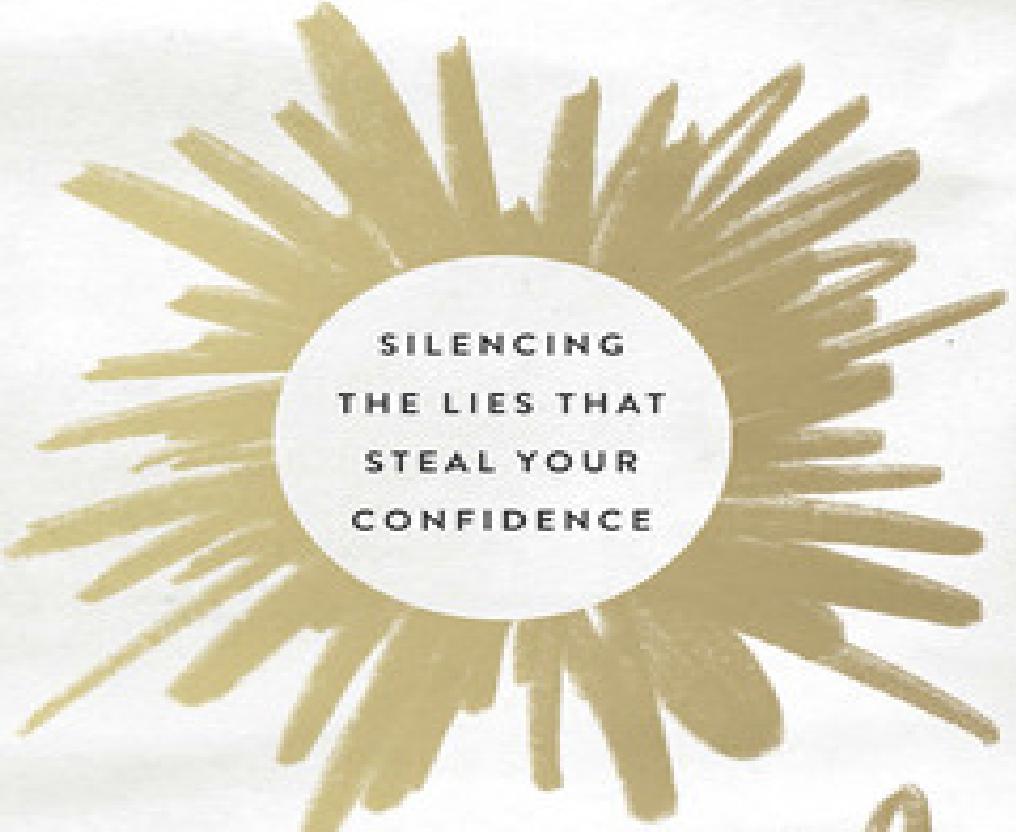
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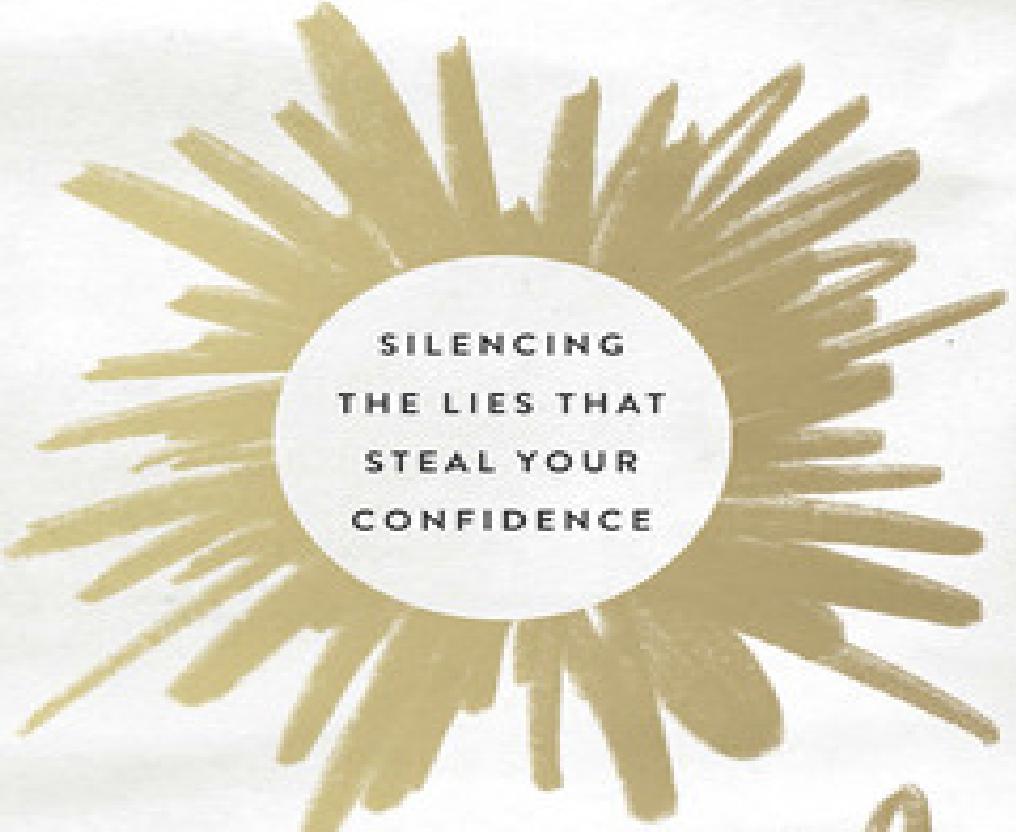
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