

"Cutting-edge Techniques to Maximize your Fullest Potential."
Dr. Srinii Pillay, Harvard Psychologist and Brain Expert

INNERCISE

The New Science To Unlock Your Brain's
Hidden Power



JOHN ASSARAF

New York Times Bestselling Author of "Having It All" and "The Answer"

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Synopsis book

This book will help you unleash the amazing power of your brain! Dr Daniel Amen- MD If you really have so much potential...why are you NOT using all of it? The latest brain science delivers the answers you need to break free and unlock the hidden power of your subconscious mind so you to earn more, live more and achieve more than ever before. By using the latest technology and evidence based brain training techniques, you can release years of old programming and limiting beliefs or habits that keep you stuck achieving the same results over and over again. Learn powerful brain-based methods, elite athletes, navy seals, ceo's and astronauts use to perform at the highest levels possible.- INNERCISE -Is a revolutionary process that will ignite and unleash your brain's hidden power and show you the fastest path to maximizing your fullest potential so you achieve your greatest victories and success. In this groundbreaking book, you will discover the most advanced, cutting edge tools and

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