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GINA HOMOLKA

with Heather E. Jones, R.D.

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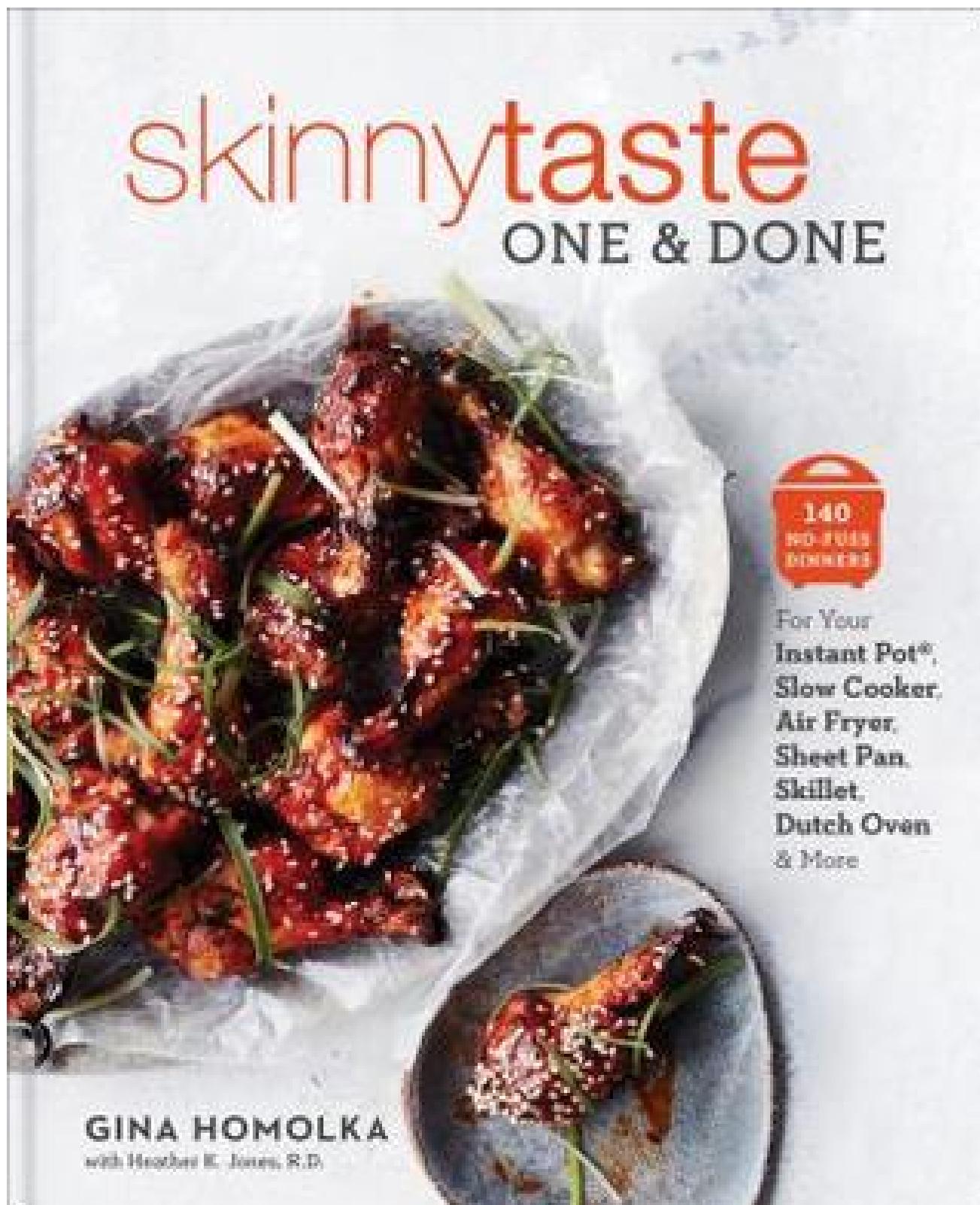
Synopsis book

NEW YORK TIMES, WALL STREET JOURNAL, AND USA TODAY BESTSELLER IACP AWARD FINALIST - NAMED ONE OF THE BEST COOKBOOKS OF THE YEAR BY THE KITCHN AND MINDBODYGREEN For your Instant Pot(R), electric pressure cooker, air fryer, slow cooker, multi-cooker, Dutch oven, sheet pan, skillet, and more--140 healthy and delicious recipes that are big on flavor and low on calories and cleanup. Skinnytaste One and Done is the perfect resource for busy home cooks looking for easy, good-for-you dinnertime solutions. #1

New York Times bestselling author Gina Homolka incorporates her healthy, flavor-forward recipes with everyone's favorite way to cook--in one vessel, whether a sheet pan or multi-cooker, and everything in-between. No matter if you'd like to lose weight or just eat a little healthier, this book will make your weeknight dinner routine even simpler with satisfying, all-in-one recipes.

Cooking in a single vessel means streamlined dinners with minimal fuss and cleanup--a huge plus after a long

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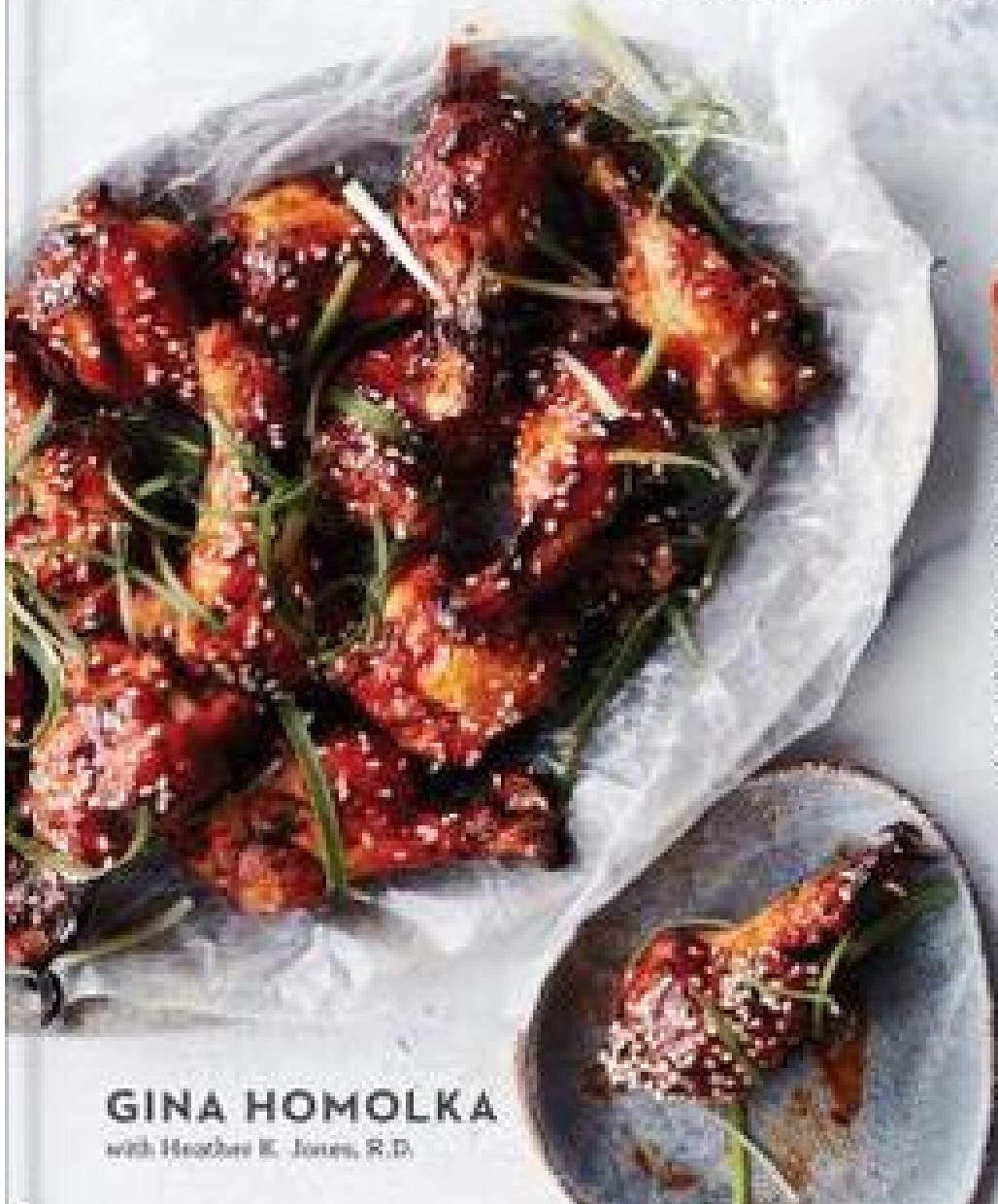
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GINA HOMOLKA

with Heather E. Jones, R.D.

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Description

NEW YORK TIMES, WALL STREET JOURNAL, AND USA TODAY BESTSELLER IACP AWARD FINALIST - NAMED ONE OF THE BEST COOKBOOKS OF THE YEAR BY THE KITCHN AND MINDBODYGREEN For your Instant Pot(R), electric pressure cooker, air fryer, slow cooker, multi-cooker, Dutch oven, sheet pan, skillet, and more--140 healthy and delicious recipes that are big on flavor and low on calories and cleanup. Skinnytaste One and Done is the perfect resource for busy home cooks looking for easy, good-for-you dinnertime solutions. #1 New York Times bestselling author Gina Homolka incorporates her healthy, flavor-forward recipes with everyone's favorite way to cook--in one vessel, whether a sheet pan or multi-cooker, and everything in-between. No matter if you'd like to lose weight or just eat a little healthier, this book will make your weeknight dinner routine even simpler with satisfying, all-in-one recipes. Cooking in a single vessel means streamlined dinners with minimal fuss and cleanup--a huge plus after a long

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GINA HOMOLKA

with Heather E. Jones, R.D.

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NEW YORK TIMES, WALL STREET JOURNAL, AND USA TODAY BESTSELLER IACP AWARD FINALIST - NAMED ONE OF THE BEST COOKBOOKS OF THE YEAR BY THE KITCHN AND MINDBODYGREEN For your Instant Pot(R), electric pressure cooker, air fryer, slow cooker, multi-cooker, Dutch oven, sheet pan, skillet, and more--140 healthy and delicious recipes that are big on flavor and low on calories and cleanup. Skinnytaste One and Done is the perfect resource for busy home cooks looking for easy, good-for-you dinnertime solutions. #1 New York Times bestselling author Gina Homolka incorporates her healthy, flavor-forward recipes with everyone's favorite way to cook--in one vessel, whether a sheet pan or multi-cooker, and everything in-between. No matter if you'd like to lose weight or just eat a little healthier, this book will make your weeknight dinner routine even simpler with satisfying, all-in-one recipes. Cooking in a single vessel means streamlined dinners with minimal fuss and cleanup--a huge plus after a long

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