

The background of the book cover is a close-up photograph of wheat stalks, showing the golden-brown grain and the lighter, feathery awns. The stalks are arranged in a way that creates a sense of depth and texture, with some stalks in sharp focus and others blurred in the background.

Vanessa Kimbell

THE SOURDOUGH SCHOOL

MAKE DELICIOUS & HEALTHY BREAD AT HOME

FOREWORD BY RICHARD HART

**<DOWNLOAD> The
Sourdough School: The
Ground-Breaking Guide to
Making Gut-Friendly Bread
(pdf) Vanessa Kimbell**

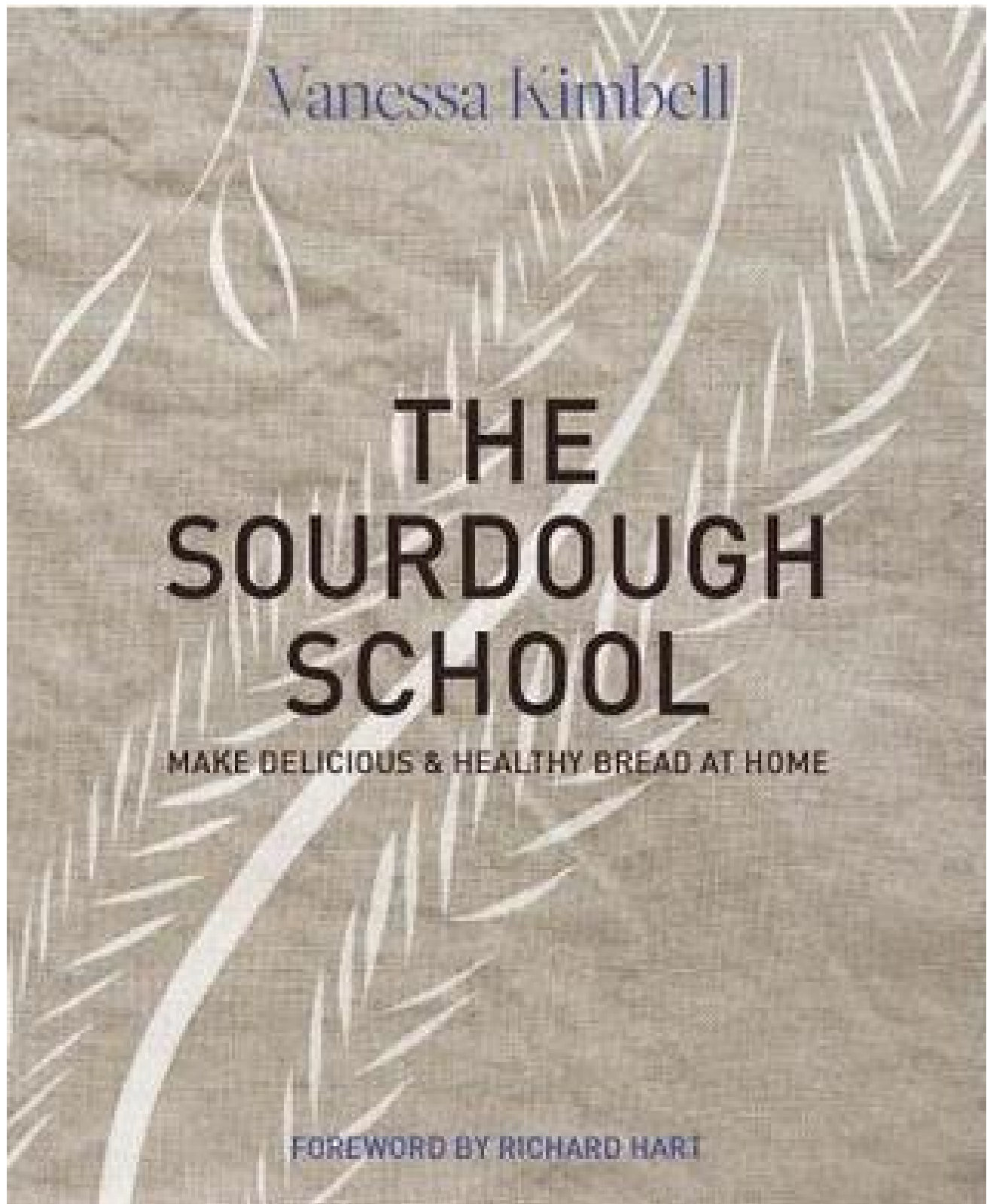
Book details

Author : Vanessa Kimbell Pages : 208 pages Publisher :
Kyle Books Language : ISBN-10 : 1909487937 ISBN-13 :
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Synopsis book

Achieve the delicious crust and addictive tang of a homemade sourdough loaf with this comprehensive guide from expert Vanessa Kimbell. At her renowned Sourdough School, Vanessa has taught countless students the secrets of this healthy, more easily digestible bread, and now she has compiled her teachings for the home baker. From creating your own starter from scratch, you'll then move on to basic breadmaking techniques, before progressing to using sprouted grains and experimenting with flavors to produce Fig and Earl Grey and Cherry Plum loaves. With step-by-step photography, detailed instructions, specialist advice and Vanessa's indispensable encouragement, The Sourdough School celebrates the timeless craft of artisan baking.

**The Sourdough School: The Ground-Breaking Guide to Making
Gut-Friendly Bread by Vanessa Kimbell**



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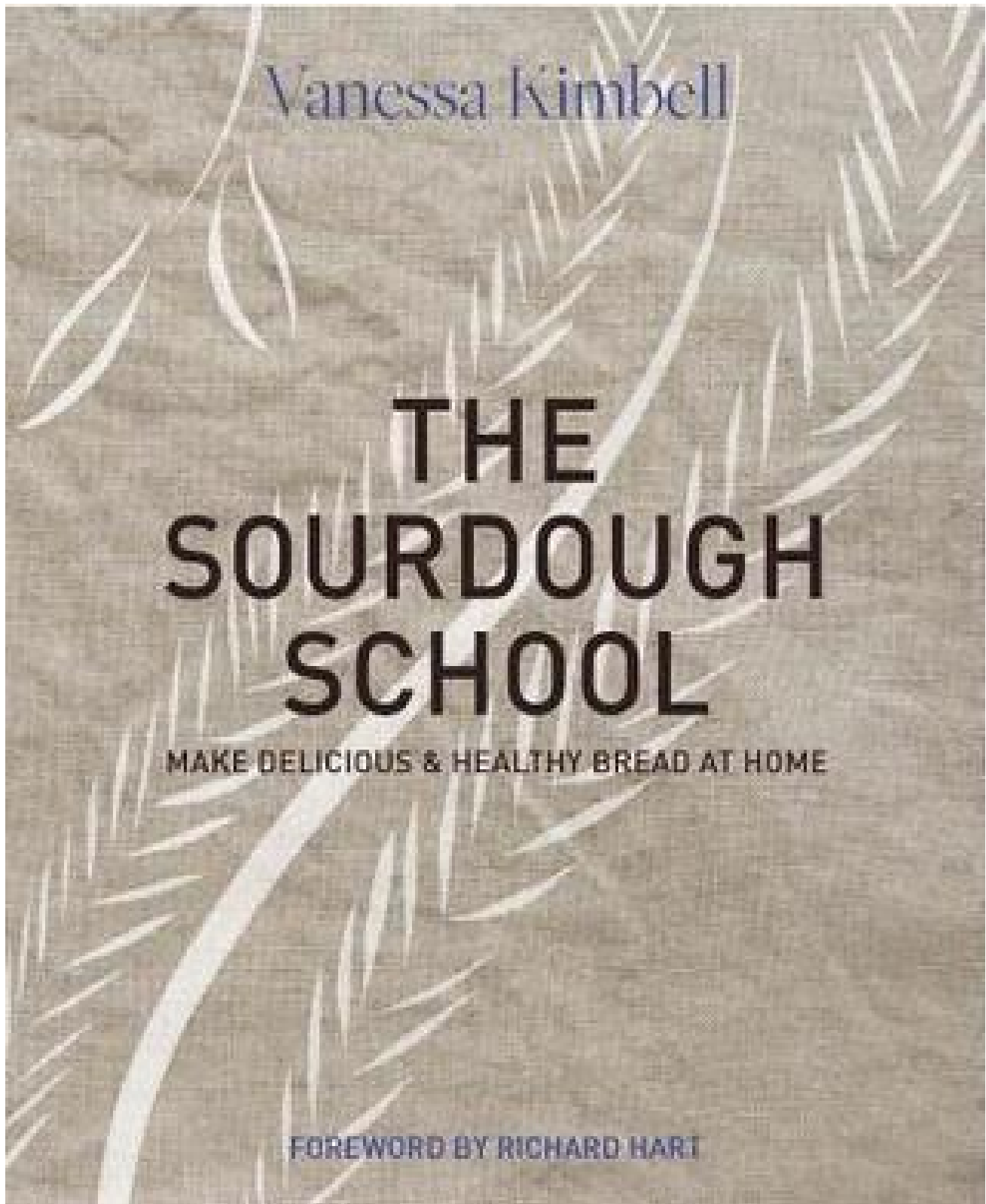
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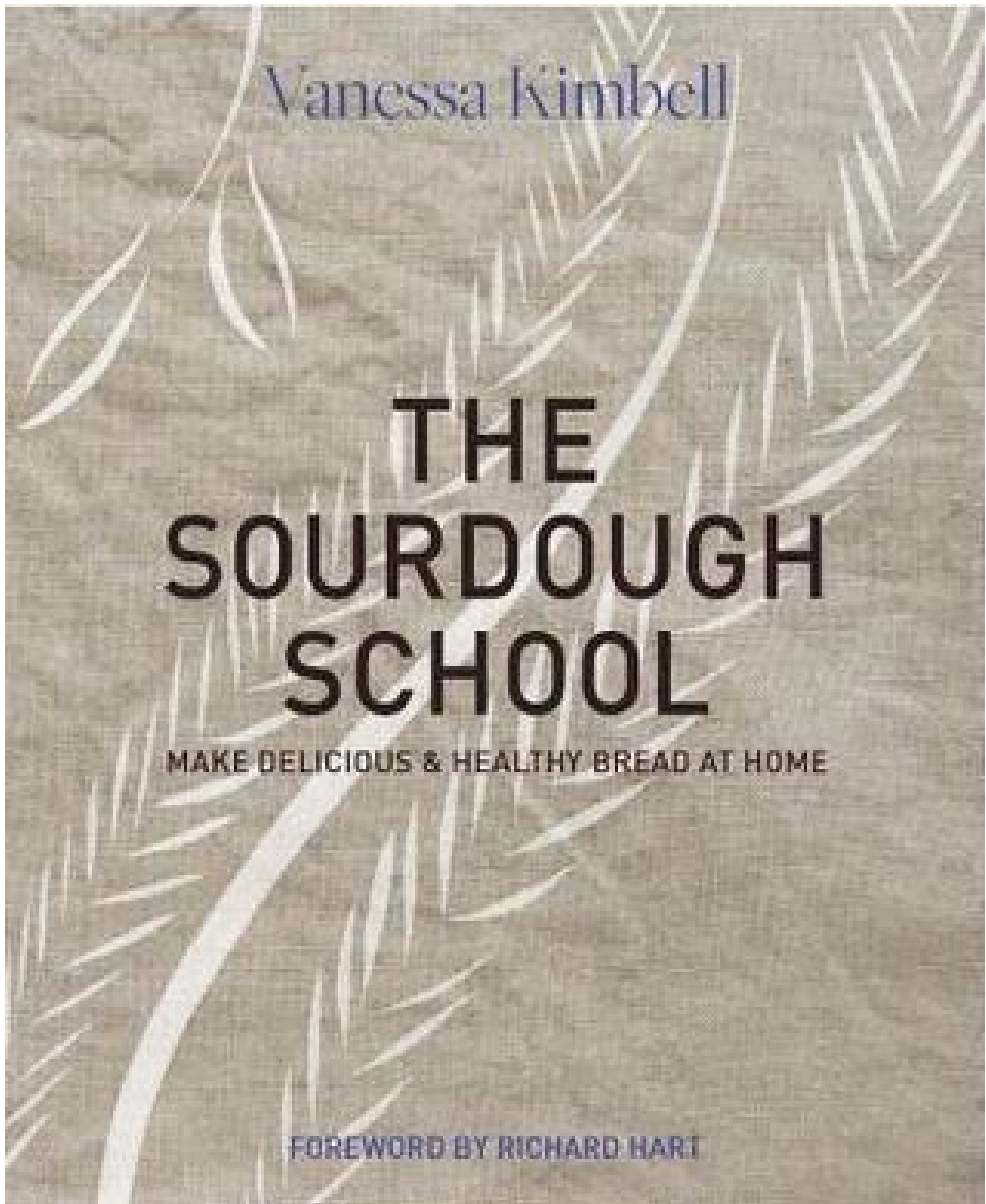
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